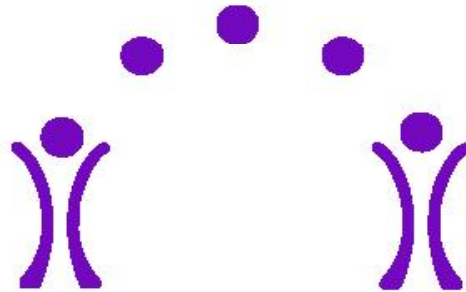

Equipping parents to thrive in the FAST Lane!

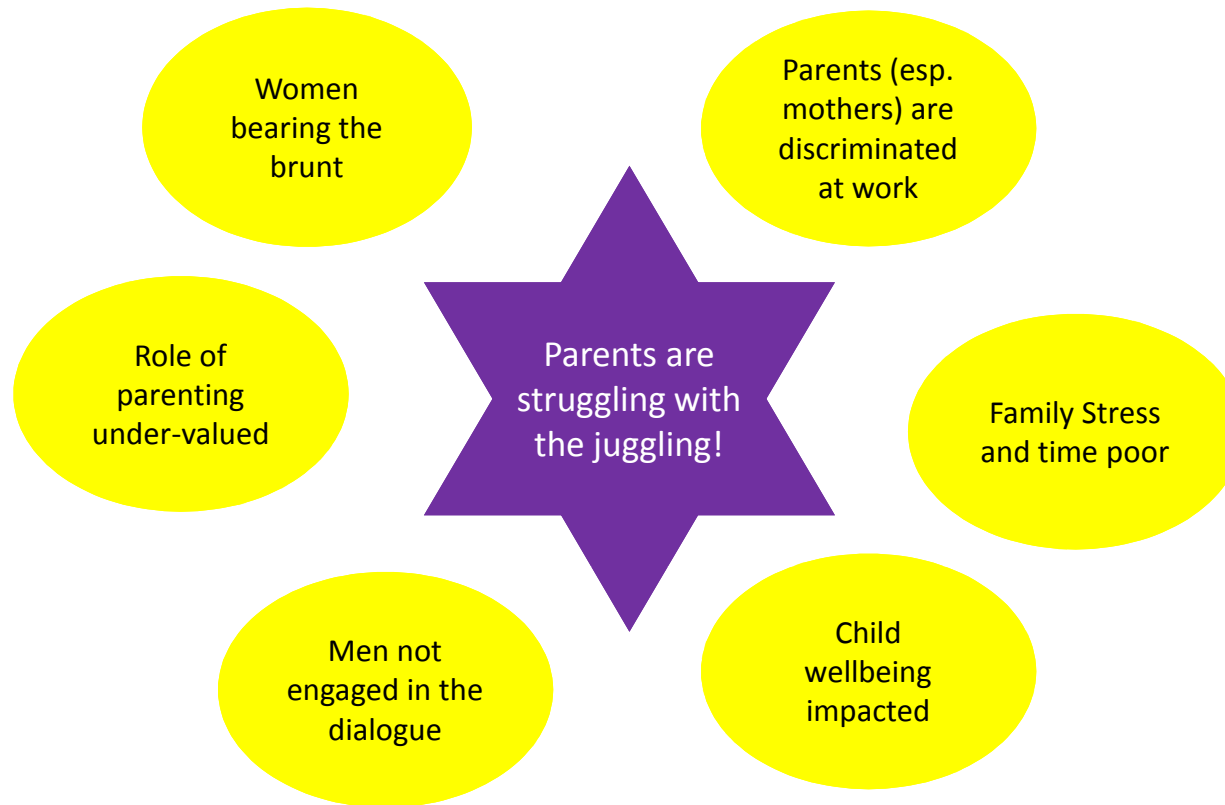


The art of juggling work and family...and everything else!



“We cannot succeed as parents unless the structures we live in support our goals. Our society has unintentionally but undeniably become toxic to families – so we must change it!”

- Steve Biddulph



Inflexible, high cost + complex childcare

Poorly targeted family + parenting support payments

Ageing population + demand for women to participate in the workplace

Very high cost of living

24/7 - on call and wired

Absence of the village

Archaic workplaces

1950s paradigm

*A nation's greatness
is measured by how it treats
its weakest members*

Mahatma Gandhi

Some small steps in the right direction...

- Reduction in childcare costs and payment complexity
- Promoting flexibility in the workplace –WGEA
- Male Champions for Change
- Large corporations are leading the way

It Takes a Village...

Supporting Parents in the Workforce

The FAST Lane – Family Advocacy and Strengths-based Training Program

- A range of skills and awareness raising, coaching, mentoring and group workshops offered in the workplace for all staff
- Dedicated focus on supporting pregnant women and their partners
- Supports parents as they transition from mid-late pregnancy, whilst on parenting leave right through to their return to work

The FAST Lane Program - Outcomes

- Higher levels of engagement from parents
- Increased productivity
- Higher rates of job satisfaction
- Higher retention rates
- Higher returns on investment increased diversity
- Improved gender equality

Making work **WORK** at work!

- Uses the workplace to raise awareness about the role of parenting (and caring)
- Supports leaders and managers to facilitate win-win outcomes with parenting employees
- Engages male and female staff champions

Equipping Parents to Take Charge...

- Identifying values and life priorities
- Planning for parenthood
- Mapping workplace skills to the home front
- Increasing awareness and understanding of optimal child development
- Building a village of support at home and at work
- Ensuring transition strategies are in place.

Workshops for parents

- Planning for parenting
- Planning for birth
- 40 days in the wilderness
- Embracing the chaos of careers, families and life!
- Getting a return on your career investment
- Planning for career transitions

The elephant in the room...





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Vanderhoek

THANK YOU!