



Youth Care UPA LCP

Preparing Young People in OoHC for Independence

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Youth Care UPA LCP

Preparing Young People in OoHC for Independence

What do Young People leaving OoHC/transitioning to independence *need?*



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How are those needs ***communicated*** to Case Workers & to Carers?



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How does your agency **record** the support given to meet the needs of Young People leaving OoHC/transitioning to independence?



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How do you ***engage*** your Young People to participate in the process of leaving OoHC/transitioning to independence?



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Does your agency have a ***standardised practice*** for leaving OoHC/transitioning to independence?

Is this standard the ***bare minimum***?

or

Is it ***best practice***?



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Does this practice meet
OCG requirements?



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Preparing Young People in OoHC for Independence

Leaving Care Program

- Leaving Care Planner (LCP)
 - LCP Prac Days



Youth Care UPA

Leaving Care Program

Designed to build confidence & empower
Young People with life skills and
knowledge on their journey toward
independence



Youth Care UPA

Leaving Care Program

Assists Young People to identify their strengths & needs, gauge their confidence levels, and track their progress



Youth Care UPA

Leaving Care Program

The Youth Care UPA leaving care program is designed to be utilized by the Young Person, Carer/s and Caseworkers



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Leaving Care Program

Roles & Responsibilities

YOUNG PERSON

- Work through their planner reading the information
- Performing living skills
- Going to any meetings/appointments made for them
- Storing all of their important documents in the planner in a safe and confidential manner
- Ask questions whenever they need more information



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Leaving Care Program

Roles & Responsibilities

CARERS

- Enable the YP opportunities to perform living skills
- Assist the YP's learning by whatever means appropriate
- Consult with the Caseworker about the YP's progress
- Seek information for the YP when they need more



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Leaving Care Program

Roles & Responsibilities

CASEWORKERS

- Provide YP with each section of the planner as soon as they are age appropriate
- Read through & explain the information to the YP
- Regularly enquire about the YP's progress
- Assist YP's learning by whatever means appropriate
- Seek information for YP when they need more
- Arrange and accompany YP to any necessary meetings with FaCS & any other services that might arise as they progress through their planner
- Apply for any required documents



Youth Care UPA

Leaving Care Program

Agreement

YOUTH CARE UPA

LEAVING CARE PLANNER AGREEMENT

- Acknowledgement of receipt of LCP
 - List of content
 - Roles and Responsibilities
- Carer/s, Case Worker & Young Person sign in agreement



Youth Care UPA

Leaving Care Planner (LCP)

LCP

Leaving Care Planner



RECIPES



Youth Care UPA

Leaving Care Planner (LCP)

A general resource to be used by each Young Person as its applicable to them.

Individualized information can be resourced additionally to fulfil the specific needs of the Young Person



Youth Care UPA

Leaving Care Planner (LCP)

Delivered in 3 stages (books) so as not to overwhelm the Young Person, giving them a full year to work through each section



Youth Care UPA

Leaving Care Planner (LCP)

Each section focuses on skills and information relevant at those particular ages



Youth Care UPA

Leaving Care Planner (LCP)

Each section comprises of:

- Topic information
 - A checklist
- A self assessment



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Leaving Care Planner (LCP)

15 Years Content

- Living & Social Skills
- Self-Care Skills
- Relationships & Sex Education
- Drug & Alcohol Information
- Personal Safety
- Food & Nutrition
- Employment Options
- ADHC Referral



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Leaving Care Planner (LCP)

16 Years Content

- Centrelink & Youth Allowance
- Financial Independence- Budgeting & Savings Plan
- Enrolling to Vote
- Getting Around – Travel & Transport
- Passport Application
- 15 Years Skill & Knowledge Refreshers



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Leaving Care Planner (LCP)

17 Years Content

- Leaving Care Preparation Time Line
- FaCS After Care Plan
- Original Documents
- Housing
- Home Essentials
- Future Plans
- Driving – P1 & P2
- Buying a Car
- Access to Personal File
- Access to Savings
- Legal Advice
- How to Vote
- 15 years & 16 years Skills & Knowledge Refreshers



Youth Care UPA

Leaving Care Planner (LCP)

The LCP helps guide Caseworkers, Carers
& Young People



Youth Care UPA Prac Days

LCP

Prac Days



Youth Care UPA Prac Days

To engage Young People's participation, practical 'skills days' were developed to compliment the LCP



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Prac Days

Current Prac Days

- Cooking
- Information – Sex Ed, D & A, Budgeting
- Job Skills
- LCP Trivia Formal Lunch/Dinner

Upcoming Prac Days

- Transport & Services
- Health & Hygiene



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Prac Days

As well as teaching Young People desirable skills; practical days promote team work, participation, strengthen Caseworker-Client relationships & give Young People a sense of pride and achievement



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Prac Days

COOKING





Youth Care UPA Prac Days

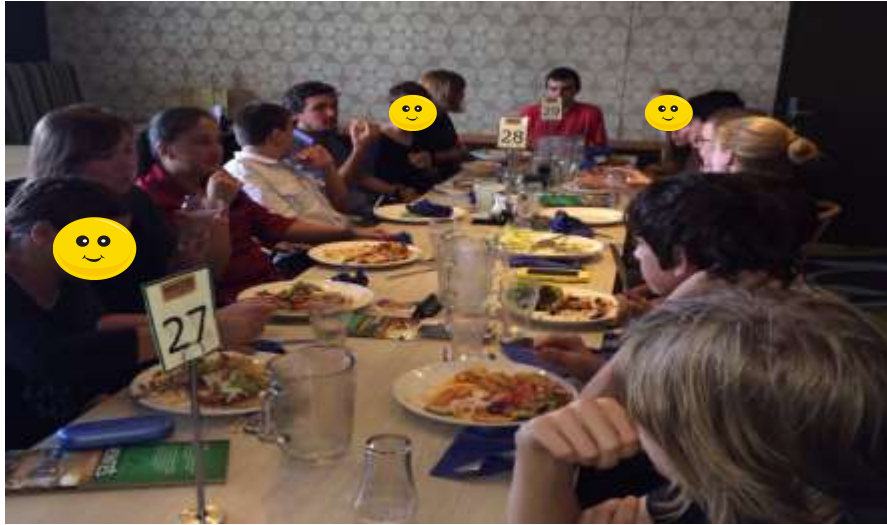
JOB SKILLS





Youth Care UPA Prac Days

TRIVIA LUNCHEON





Youth Care UPA

Prac Days

Each day has been a HUGE success! We ensure that every Young Person walks away with confidence, tools & a participation certificate to acknowledge the great work they have done!



Youth Care UPA LCP is Available for Purchase

- 1 x A4 sized book titled 'LCP 15yrs'
- 1 x A4 sized book titled 'LCP 16yrs'
- 1 x A4 sized book titled 'LCP 17yrs'
- 1 x A5 sized book titled 'Recipes' containing:
 - A list of printed 'Useful Phone Numbers' (with space for more!)
 - A 4GB USB Memory Stick containing copies of all forms used throughout the 3 A4 books
 - Agency copies of the LCP agreements Young People, Carers and Caseworkers sign, all forms used throughout the LCP & recipes
- Everything presented in an easy to carry, professional looking, Dark Navy, Koskin Covered, Zippered Compendium



Youth Care UPA LCP

QUESTIONS

Thank you for attending our presentation please visit our website for more information on the LCP

www.youthcareupa.org